

The One (For 2)



Choreographie: Tibor Mosch

August 2026

Beschreibung: 32 Count, Absolute Beginner Circle Couple Line Dance (No Tags, No Restart)
Based On The Line Dance by Linda Pink (June 2016)

Musik: Still The One by Orleans (Album: Still The One)

Intro: 32 Counts

Starts In Sweetheart Position, Weight Is On The Left

STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, TOUCH

- 1-2 Step R Forward, Lock L Behind R,
- 3-4 Step R Forward, Scuff L
- 5-6 Step L Forward, Lock R Behind L,
- 7-8 Step L Forward, Touch R next to L

STEP FWD DIAG., TOUCH, STEP FWD., TOUCH, STEP FWD., TOUCH, STEP FWD., TOUCH

- 1-2 Step R fwd at 45 deg Right, Touch L next to R
- 3-4 Step L fwd at 45 deg Left, Touch R next to L
- 5-6 Step R fwd at 45 deg Right, Touch L next to R
- 7-8 Step L fwd at 45 deg Left, Touch R next to L

VINE RIGHT & TOUCH, VINE LEFT & SCUFF

- 1-2 Step R to the side, Step L behind R,
- 3-4 Step R to the side, Touch L next to R
- 5-6 Step L to the side, Step R behind L,
- 7-8 Left step L Forward , Scuff R Forward

HEEL STRUT, HEEL STRUT, "V" STEP

- 1-2 Step R Heel Forward, Drop R toe to the Floor
- 3-4 Step L Heel Forward, Drop L toe to the Floor
- 5-6 Step R Forward at 45 deg Right, Step L Forward at 45 deg Left
- 7-8 Step R back to the centre, Step L next to R

Start Again